

# THE ANTIBACTERIAL POTENTIAL OF ESSENTIAL OILS ON PROPIONIBACTERIUM GRANULOSUM STRAINS

Șandru, Daniela Maria<sup>1</sup> and Panaitescu, Magda<sup>2</sup>

<sup>1</sup>“Lucian Blaga” University of Sibiu, Romania, daniela.sandru@ulbsibiu.ro

<sup>2</sup>Universidad “Latina” de Panama, Rep. de Panama, mpanaitescu@ulatina.edu.pa

**ABSTRACT:** Gram-positive bacteria *Propionibacterium granulosum* lives on human skin along with other propionibacteria on the skin, these bacteria are especially important to have healthy skin and occupy some ecological niches. These niches are populated by some pathogenic bacteria. *Propionibacterium granulosum* bacteria produce some fatty acids that have low molecular weight, bacteriocins and other substances that inhibit some bacteria. The aim of this research is to investigate the microbiological evolution of some essential oils on *Propionibacterium granulosum* strains. It is observed that the highest values are recorded when 20 μL of essential oil is used.

**KEYWORDS:** *Propionibacterium granulosum*, essential oils, cultures, *Origanum vulgare*, antibacterial activity.

## 1. INTRODUCTION

Human skin is a large organ of the human body with a wide range of bacteria that have a special role in achieving healthy skin such as: *Staphylococcus*, *Propionibacterium*, *Corynebacterium* and *Malassezia* (Vowels et al. 1995). *Propionibacterium granulosum* and *Propionibacterium acnes* are found especially where there are many sebaceous glands. These glands are several on the face, but *Propionibacterium granulosum* can also be found in the mouth and prostate, and can influence organs other than the skin (Coates et al. 2002). However, *Propionibacterium avidum* is more widespread in humid places, such as the armpit, groin and anus where there is more moisture (Oprica et al. 2004). Consistent with the role of maintaining healthy skin, a reduced abundance of *Propionibacteria* has been observed to be found in small amounts in people with skin diseases. An example would be those with psoriasis, with serious skin diseases and atopic dermatitis (Knobloch et al. 2003). *Propionibacteria* have been shown to play an important role in skin health, but often these bacteria can cause disease if certain aspects are met. *Propionibacterium granulosum* often causes some fairly severe skin conditions, and can develop into some diseases, such as acne vulgaris and progressive macular hypomania (PMH), which are due to medical or dental devices, but can also cause some diseases of the skin. soft tissue, for example: sarco disc disease, prostate cancer and some soft tissue diseases (Pauli et al. 2001; Burt et al. 2004; Hammer et al. 1999; Jirovetz et al. 2006; Smith-Palmer et al. 1998; Prabuseenivasan et al. 2006). Some plants have bioactive compounds in their tissues, very important for their fight against microorganisms, being useful to the human body (Goud et al. 2020, Poomanee et al. 2018, Sterarus et al. 2017, Panaitescu et al. 2017).

## 2. MATERIALS AND METHODS

-Essential oils of Bergamot, Melaleuca quinquenervia, Anethum graveolens, Eugenia Caryophyllus, *Origanum vulgare*

-Bacteria of the species *Propionibacterium granulosum*, strains *Propionibacterium granulosum* 43, *Propionibacterium granulosum* 25, *Propionibacterium granulosum* 17, *Propionibacterium granulosum* 37, *Propionibacterium*

*granulosum* 72 isolated in the Microbiology Research Laboratory, of the Faculty of Agricultural Sciences, Food Industry and Environmental Protection.

Agar Schaedler + Vitamin K3

Schaedler agar and Schaedler agar + Vitamin K3 are prepared from Schaedler broth according to the formula described by Schaedler, Dubos and Costello.

- Tryptone-casein-soy broth 10 g / L
- Special peptone 5 g / L
- Yeast extract 5 g / L
- TRIS buffer 3 g / L
- Cysteine hydrochloride 0.4 g / L
- The group has 0.01 g / L
- Glucose 5 g / L
- Agar 15 g / L
- pH 7.6 ± 0.2
- Vitamin K3 0.0005 g / L
- Horse blood 5.5%.

-The method used was disk diffusion.

This study was performed following the method of Hayes and Markovic (2002). *Propionibacterium granulosum* cultures were incubated in meat broth supplemented with 1% glucose and adjusted to produce approximately 1.0 x 10<sup>8</sup> CFU / mL.

Plates with Schaedler Agar + Vitamin K3 culture medium were coated with *Propionibacterium granulosum* inoculum.

-Sterile filter paper discs

They were placed aseptically inoculated plate and impregnated with 10 μL 15 μL, 20 μL of each essential oil.

The plates were left at room temperature for 30 minutes to allow pre-diffusion before incubation. Incubation was performed at 37 ° C for 72 hours under anaerobic conditions.

Inhibition diameters were measured in mm and recorded as mean  $\pm$  S.D., (with standard deviation).

## 2. RESULTS AND DISCUSSIONS

In general, essential oils contain a large amount of active components. The difference in antibacterial activity of essential

oils may be due to the difference in chemical compositions. The main components of essential oils showed a varied activity in this respect, the results being visible in tables 1, 2 and 3.

**Table 1.** Antibacterial action of Bergamot, Melaleuca quinquenervia, Anethum graveolens, Eugenia Caryophyllus, Origanum vulgare essential oils on Propionibacterium granulosum strains (10  $\mu$ L).

	<i>Bergamot</i>	<i>Melaleuca quinquenervia</i>	<i>Anethum graveolens</i>	<i>Eugenia Caryophyllus</i>	<i>Origanum vulgare</i>
<i>Propionibacterium granulosum 43</i>	12,9 $\pm$ 0,21	15,4 $\pm$ 0,22	18,2 $\pm$ 0,25	12,4 $\pm$ 0,23	14,8 $\pm$ 0,21
<i>Propionibacterium granulosum 25</i>	11,6 $\pm$ 0,33	16,5 $\pm$ 0,25	18,0 $\pm$ 0,21	12,3 $\pm$ 0,21	14,5 $\pm$ 0,31
<i>Propionibacterium granulosum 17</i>	13,5 $\pm$ 0,32	17,1 $\pm$ 0,23	18,7 $\pm$ 0,23	12,2 $\pm$ 0,24	15,1 $\pm$ 0,22
<i>Propionibacterium granulosum 37</i>	12,4 $\pm$ 0,26	16,3 $\pm$ 0,22	18,5 $\pm$ 0,31	11,9 $\pm$ 0,23	15,3 $\pm$ 0,23
<i>Propionibacterium granulosum 72</i>	13,0 $\pm$ 0,23	17,3 $\pm$ 0,21	18,4 $\pm$ 0,26	12,2 $\pm$ 0,24	15,0 $\pm$ 0,21

As noted in Table 1, the development of Propionibacterium granulosum strains was inhibited by the essential oils studied differently.

The resulting values ranged from a minimum of 11.6 mm for P.granulosum 25 strain to a maximum of 13.5 mm for P. granulosum 17 strain when using Bergamot essential oil at a concentration of 10  $\mu$ L.

For the same concentration by using the essential oil of Melaleuca quinquenervia, values between 15.4 mm were obtained in the case of P. granulosum strain 43 and 17.3 mm in the case of P. granulosum strain 72.

The use of Anethum graveolens essential oil led to results between 18.2 mm and 18.7 mm specific to P. granulosum 43 and P. granulosum 17 strains, respectively.

Following the results obtained when using Eugenia Caryophyllus, values between 11.9 mm and 12.4 mm specific to P. granulosum 37 and P. granulosum 43 strains are observed.

In the case of Oreganum vulgare essential oil, the values of inhibition of crop development were in the range of 14.5 mm for P. granulosum strain 25 and 15.3 mm for P. granulosum strain 37.

**Table 2.** Antibacterial action of Bergamot, Melaleuca quinquenervia, Anethum graveolens, Eugenia Caryophyllus, Origanum vulgare essential oils on Propionibacterium granulosum strains (15  $\mu$ ).

	<i>Bergamot</i>	<i>Melaleuca quinquenervia</i>	<i>Anethum graveolens</i>	<i>Eugenia Caryophyllus</i>	<i>Origanum vulgare</i>
<i>Propionibacterium granulosum 43</i>	18,9 $\pm$ 0,23	21,4 $\pm$ 0,20	22,2 $\pm$ 0,23	17,4 $\pm$ 0,25	14,8 $\pm$ 0,26
<i>Propionibacterium granulosum 25</i>	17,6 $\pm$ 0,31	22,5 $\pm$ 0,24	22,8 $\pm$ 0,21	17,3 $\pm$ 0,21	14,7 $\pm$ 0,33
<i>Propionibacterium granulosum 17</i>	16,5 $\pm$ 0,32	21,1 $\pm$ 0,23	22,7 $\pm$ 0,23	16,2 $\pm$ 0,27	20,1 $\pm$ 0,26
<i>Propionibacterium granulosum 37</i>	17,4 $\pm$ 0,26	21,3 $\pm$ 0,24	22,5 $\pm$ 0,31	16,9 $\pm$ 0,25	20,3 $\pm$ 0,21
<i>Propionibacterium granulosum 72</i>	17,0 $\pm$ 0,23	21,3 $\pm$ 0,21	22,4 $\pm$ 0,26	17,2 $\pm$ 0,28	20,2 $\pm$ 0,22

Table 2 shows that the development of Propionibacterium granulosum strains was also inhibited by the essential oils used at a volume of 15  $\mu$ L.

In the case of the use of Bergamot essential oil, the resulting values ranged from a minimum of 16,5 mm for P. granulosum 17 strain to a maximum of 17,6 mm for P. granulosum 25 strain.

For the same concentration, by using essential oil of *Melaleuca quinquenervia*, values between 21.1 mm were obtained for *P. granulosum* 17 and 22.5 mm for *P. granulosum* 25.

The use of *Anethum graveolens* essential oil led to results of between 22.2 mm for the *P. granulosum* strain. 43 and 22.8 mm for *P. granulosum* strain 25.

In the case of the use of *Eugenia Caryophyllus* oil, values between 16.2 mm and 17.4 mm specific to *P. granulosum* 17 and *P. granulosum* 43 strains are observed.

*Origanum vulgare* essential oil led to bacterial culture inhibition values of 14.7 mm for *P. granulosum* strain 25 and 20.3 mm for *P. granulosum* strain 37.

**Table 3.** Antibacterial action of Bergamot, *Melaleuca quinquenervia*, *Anethum graveolens*, *Eugenia Caryophyllus*, *Origanum vulgare* essential oils on *Propionibacterium granulosum* strains (20 µL).

	<i>Bergamot</i>	<i>Melaleuca quinquenervia</i>	<i>Anethum graveolens</i>	<i>Eugenia Caryophyllus</i>	<i>Origanum vulgare</i>
<i>Propionibacterium granulosum</i> 43	23,1±0,22	26,6±0,18	28,3±0,22	23,4±0,25	24,2±0,21
<i>Propionibacterium granulosum</i> 25	21,2±0,28	25,3±0,25	28,6±0,21	20,3±0,23	24,9±0,22
<i>Propionibacterium granulosum</i> 17	23,3±0,31	27,8±0,19	28,4±0,22	21,2±0,25	25,8±0,23
<i>Propionibacterium granulosum</i> 37	22,1±0,27	26,2±0,24	28,3±0,17	20,5±0,21	25,7±0,26
<i>Propionibacterium granulosum</i> 72	22,2±0,24	27,1±0,27	28,1±0,16	22,7±0,26	25,8±0,25

Table 3 shows a strong inhibition in the development of *Propionibacterium granulosum* strains where a volume of oil of 20 µL was used.

In the case of the use of Bergamot essential oil, the resulting values were between 21.2 mm for *P. granulosum* strain 37 and a maximum of 23.3 mm for *P. granulosum* strain 17.

For the same concentration, using values of *Melaleuca quinquenervia* essential oil, values between 25.3 mm were obtained for *P. granulosum* 25 and 27.8 mm for *P. granulosum* 17.

In the case of the use of *Anethum graveolens* essential oil, results were obtained between 28.1 mm for *P. granulosum* strain 72 and 28.6 mm for *P. granulosum* strain 25.

In the case of the use of *Eugenia Caryophyllus* oil, it is observed that these values were between 20.3 mm for *P. granulosum* strain 25 and 23.4 mm for *P. granulosum* strain 43.

The *Origanum vulgare* essential oil used led to the inhibition of the development of the strains used at values between 24.2 mm for *P. granulosum* 43 and 27.8 mm specific for *P. granulosum* 17 and *P. granulosum* 72 strains.

### 3. CONCLUSIONS

The essential oils of Bergamot, *Melaleuca quinquenervia*, *Anethum graveolens*, *Eugenia Caryophyllus*, *Origanum vulgare* have antimicrobial action on the *Propionibacterium granulosum* strains under study, so their use in the cosmetics industry is recommended.

At a volume of 10 µL the most significant antibacterial activity was observed in the case of *Anethum graveolens* essential oil, the most sensitive strain being *Propionibacterium granulosum* 25, followed by the essential oil of *Melaleuca quinquenervia* which acted most strongly on the *Propionibacterium granulosum* strain 72. Essential oil of Bergamot and *Eugenia Caryophyllus*

acted the least on the strains of *Propionibacterium granulosum*, and that of *Origanum vulgare* showed intermediate values, the most sensitive strain being *Propionibacterium granulosum* 37.

At a volume of 15 µL results a more pronounced antibacterial activity in the case of essential oils of *Anethum graveolens* and *Melaleuca quinquenervia* where the inhibition area is very close, the highest sensitivity being found in the strain *Propionibacterium granulosum* 25.

At the same volume, the antibacterial action of *Origanum vulgare*, *Eugenia Caryophyllus* and Bergamot essential oils increases with percentages between 25% and 35%.

At a volume of 20 µL there is an increase of this activity on average by 50% compared to the initial volume. The result is a significant increase in the case of the essential oils of *Melaleuca quinquenervia* and *Anethum graveolens*, followed by the essential oil of *Origanum vulgare*, and the lowest values are observed in the case of Bergamot and *Eugenia Caryophyllus* oils.

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